

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (currently amended) A lighting fixture, comprising:
 - a housing supporting a first lamp and including a wall formed integrally therewith and an opening opposite said wall, said wall including a first tongue being a unitary one piece extension thereof and extending from said wall at a fixed end to a free end thereof formed integrally therewith; and
 - a first suspension cable coupled with said housing, said suspension cable including opposite first and second ends, said first end of said suspension cable having a first loop engaging passable over said free end and extending transversely around said first tongue of said wall of said housing, ~~and~~ said second end of said suspension cable ~~adapted to engage~~ being engageable with a support to suspend said housing from the support.
2. canceled
3. (currently amended) A lighting fixture according to claim 1, wherein
 - said wall includes a second tongue being a unitary one piece extension thereof and extending from said wall at a fixed end to a free end thereof; and
 - a second suspension cable includes a third end with a second loop engaging being passable over said free end and extending transversely around said second tongue.
4. (original) A lighting fixture according to claim 1, wherein
 - said wall of said housing includes opposing ends; and
 - said first tongue is disposed adjacent one of said opposing ends.

5. (currently amended) A lighting fixture according to claim 1, wherein
said housing includes an end cap engaged with an end of said wall, said end cap
having a tab spaced from and covering a portion of said first tongue adjacent
said free end.
6. (original) A lighting fixture according to claim 1, wherein
said housing includes first and second end caps engaging opposing ends of said
wall of said housing.
7. (original) A lighting fixture according to claim 1, wherein
said housing supports a plurality of fluorescent lamps.
8. (original) A lighting fixture according to claim 1, wherein
said wall of said housing includes an elongated slot allowing light from said lamp
to shine therethrough away from said opening of said housing.
9. (original) A lighting fixture according to claim 1, wherein
a first parabolic reflector is coupled within said elongated housing and aligned
with said first lamp for directing light in a direction through said opening of
said housing, said first parabolic reflector including a plurality of baffles
extending towards said opening of said housing.
10. (original) A lighting fixture according to claim 9, wherein
a second parabolic reflector is coupled with said housing adjacent said first
parabolic reflector; and
a second lamp is supported in said housing and aligned with said second parabolic
reflector.
11. (currently amended) A lighting fixture, comprising:
an elongated housing supporting first and second lamps and including a wall
formed integrally therewith, an opening opposite said wall, and first and

second reflectors for directing light from said first and second lamps through said opening, said wall including opposing ends with first and second tongues formed integrally therewith, each of said first and second tongues being a unitary one piece extension thereof and extending from said wall at a fixed end to a free end thereof; and

first and second suspension cables coupled with said housing, each of said first and second suspension cables including opposite first and second ends, each of said first ends of said suspension cables having a loop engaging passable over said free ends and extending transversely around said first and second tongues, respectively, of said wall of said housing, ~~and~~ said second ends of said suspension cables being ~~adapted to engage~~ engageable with a support to suspend said housing from the support.

12. canceled
13. (original) A lighting fixture according to claim 11, wherein
said housing includes first and second end caps engaging opposing ends of said wall of said housing; and
each of said end caps including a tab spaced from and covering a portion of said first and second tongues, respectively.
14. (original) A lighting fixture according to claim 11, wherein
said wall of said housing includes a plurality of elongated slots allowing light from said lamps to shine therethrough away from said opening of said housing.
15. (original) A lighting fixture according to claim 11, wherein
first and second parabolic reflectors are coupled within said elongated housing and aligned with said first and second lamps, respectively, for directing light in a direction through said opening of said housing, and each of said parabolic

reflectors including a plurality of baffles extending towards said opening of said housing.

16. (previously amended) A lighting fixture, comprising:
 - a housing supporting first and second lamps and including a wall, an opening opposite said wall, and first and second reflectors for directing light from said first and second lamps through said opening;
 - a first tongue formed in said wall adjacent a first end and a second tongue formed in said wall adjacent a second end; each of said tongues having first and second slots extending inwardly along said wall from said first and second ends and distal ends adjacent said first and second ends;
 - first and second end caps engaging first and second ends of said wall of said housing, each of said end caps having a tab spaced from and covering a portion of said first and second tongues, each of said distal ends of said first and second tongues being spaced from said first and second end caps;
 - first and second suspension cables coupled with said housing, each of said first and second suspension cables including opposite first and second ends, each of said first ends of said suspension cables having a loop engaging said first and second tongues and said first and second slots, respectively, of said wall of said housing and said second ends of said suspension cables being adapted to engage a support to suspend said housing from the support.
17. (original) A lighting fixture according to claim 16, wherein
said first and second tongues are integrally formed with said wall of said housing.
18. (original) A lighting fixture according to claim 16, wherein
said wall of said housing includes a plurality of elongated slots allowing light from said lamps to shine therethrough away from said opening of said housing.

19. (original) A lighting fixture according to claim 16, wherein
first and second parabolic reflectors are coupled within said elongated housing
and aligned with said first and second lamps, respectively, for directing light
in a direction through said opening of said housing, and each of said parabolic
reflectors including a plurality of baffles extending towards said opening of
said housing.
20. (previously amended) A method of suspending a lighting fixture from a support, the
lighting fixture including a housing supporting at least one lamp and having opposite
first and second end caps, comprising the steps of:
inserting a first end of a first suspension cable between a wall of the housing of
the lighting fixture and one of the first and second end caps;
looping the first end of the first suspension cable around a first suspension
member formed integrally with the wall of the housing; and
coupling a second end of the first suspension cable opposite the first end with a
support thereby suspending the lighting fixture from the support by the first
suspension cable.
21. (previously amended) A method according to claim 20, further comprising the steps
of:
inserting a third end of a second suspension cable between a wall of the housing
of the lighting fixture and the other of the first and second end caps;
looping the third end of the second suspension cable around a second suspension
member formed integrally with the wall of the housing; and
coupling a fourth end of the second suspension cable opposite the first end with
the support, thereby suspending the lighting fixture from the support by the
second suspension cable.
22. canceled

23. (previously amended) A method according to claim 21, wherein
the first and second suspension members are tongues.
24. (previously amended) A method according to claim 23, wherein
each of the end caps includes a tab spaced from and covering a portion of the first
and second tongues, respectively.
25. (original) A method according to claim 20, wherein
a parabolic reflector is coupled within the housing and aligned with the lamp,
respectively, for directing light in a direction through an opening of the
housing, and the parabolic reflector including a plurality of baffles extending
towards the opening of the housing.
26. (original) A method according to claim 20, wherein
the step of coupling the second end of the second suspension cable opposite the
first end with the support occurs prior to inserting the first end of the second
suspension cable between the wall of the housing of the lighting fixture and
the other of the first and second end caps.
27. (previously amended) A lighting fixture, comprising:
a housing supporting a first lamp and including a wall and an opening opposite
said wall, said wall having first and second slots with a first tongue located
therebetween, said first tongue having a free distal end; and
a first suspension cable coupled with said housing, said suspension cable
including opposite first and second ends, said first end of said suspension
cable having a first loop slidably receivable in said first and second slots and
on said first tongue of said wall of said housing and said second end of said
suspension cable adapted to engage a support to suspend said housing from the
support.

28. (previously amended) A lighting fixture according to claim 27, wherein
said wall includes third and fourth slots with a second tongue located
therebetween, said second tongue having a free distal end; and
a second suspension cable includes a third end with a second loop slidably
receivable in said third and fourth slots and on said second tongue.
29. (previously amended) A lighting fixture according to claim 28, wherein
said first and second tongues are integrally formed with said wall of said housing.
30. (new) A lighting fixture according to claim 1, wherein
said tongue and said wall are substantially coplanar.
31. (new) A lighting fixture according to claim 1, wherein
said tongue has substantially parallel side edges extending between said fixed end
and said free end, said side edges and said free end being spaced from said
wall by a slot.